

**Reno Running Sports**  
presents...

*Summer Solstice*  
*5k Trail Run*



**Monday, June 21st, 2010**

**6:00 pm**

**Patagonia West Parking Lot**

**8550 White Fir Street**

**Reno, NV 89523**

**Proceeds to benefit**  
**Michele Cervantes Library Memorial**  
**at Rollan Melton Elementary Library**



[www.renorunning.com](http://www.renorunning.com)

**Due to the nature of this course, we are limited to 150 entries.**

**Course:**

The course is an advanced trail run. The course travels over hills (first 1/2 mile switch back), single tracks and a creek crossing. Not recommended for the novice.

**Awards:**

Top 3 Male and Female 5K Run.

**Entry Fees:**

\$20 (Before 6/14 Includes Shirt)

\$20 (Event Day No Shirt)

Shirts will not be available on event day. *Do not mail entry after 6/14. Non Refundable.*

**Entry Fee Includes:**

An 100% Organic Cotton tshirt

**Registration:**

Mail in a completed entry form with payment before 6/14 to:

**Reno Running Sports**  
**1839 Lakeland Hills Drive**  
**Reno, NV 89523**

**Packet Pick-Up:**

Packets can be picked event day from 5pm to start on the west side of Patagonia.

**Late Registration:**

Late registration will be event day from 5pm to 5:45pm at the west side of Patagonia.

**For More Information:** Ryan Ress at (775) 690-1320 or via email, [renorunning@hotmail.com](mailto:renorunning@hotmail.com)



**Entry Form:**

Print clearly and fill out one entry form per participant, with waiver signed by athletes 18 years or over, under 18, parent or guardian must sign.

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

E-mail Address \_\_\_\_\_

How did you hear about the event? \_\_\_\_\_

Male or Female (*circle one*)

Birth Date \_\_\_\_\_

**T-shirt size:** (*circle one*)

S M L XL

**Entry Fee:**

\_\_\_\_\_ \$20 (Before 6/14 Includes Tshirt)

\_\_\_\_\_ \$20 (Event Day No Shirt)

In consideration of the acceptance of this entry, I hereby WAIVE AND RELEASE ANY AND ALL CLAIMS that I may have against the Summer Solstice 5k Trail Run, Reno Running Sports, Silver State Striders, and all race organizers, sponsors, volunteers, USATF, federal governmental entities, including State of Nevada, City of Reno, Washoe County, Washoe County School District, US Forest Service - Humboldt-Toiyabe National Forest and all real property owners containing the race course, and their representatives and successors, including any and all claims for damages caused by the negligence of any of them for any injuries, known (including death) suffered by me in this event and its related activities. I acknowledge that my participation in this event is a hazardous activity and voluntarily assume all risks associated with participating. I verify that I am physically fit and sufficiently trained for completion of this event.

\_\_\_\_\_  
Signature (*under 18 parent or guardian*)

\_\_\_\_\_  
Date

